

INSTRUCTIONS: You must download and save this interactive PDF locally before you fill it out. Re-open the saved version using Acrobat Reader and add your comments.

Unit 6: Postnatal Depression

Activity 1:

List all the reasons you have identified that contributed to Paula's postnatal depression. Do you think the midwife was right to describe her symptoms as 'normal'?

Write your ideas below.

Once completed save the PDF.